



DEVELOPMENTAL STAGES FROM 4 YEARS OLD to 5 YEARS OLD

AGE: ABOUT 4 YEARS

Motor Skills

- *Hops and stands on one foot for a few seconds. .
- *Catches a bounced ball much of the time.
- *Tries to write name. .
- *Draws a face..
- *Tries to cut paper with blunt scissors.
- *Attempts to button, buckle and snap but usually needs help.
- *Dresses and undresses doll in clothing with large zippers, snaps, and laces. .
- *Brushes teeth with help.
- *Pours from a small pitcher.
- *Can get himself started when on a swing and may be able to keep it moving.
- *Tries to skip.
- *Strings large objects.
- *Begins to copy some letters.

Cognitive Skills

- *Recognizes some colors.
- *Wants to know what will happen next.
- *Distinguishes between what is real and what is imaginary.
- *Follow instructions with up to three commands (put the toys away, wash your hands, and get your coat).
- *Identifies situations that could lead to happiness, sadness and anger. V *Colors with crayons or chalk.
- *Counts up to five objects.
- *Understands taking turns and may do so without being reminded.
- *Understands "big," "little," "short," "tall".
- *Can sort objects by shape or color.
- *Social Skills and Language

Social Skills and Language

- *Speaks clearly enough for strangers to understand.
- *Has a large vocabulary and speaks in sentences of five or more words.
- *Tells stories.
- *Often prefers playing with other children.
- *Wants explanations of "why" and "how".
- *Changes the rules of play as he goes along.
- *Likes to play "dress up."

- *Separates from parent for short periods without crying.
 - *Beginning to master some basic rules of grammar (past tense, plurals).
 - *Shares when asked.
 - *Enjoys playing games like tag, hide and go seek, and duck duck goose.
 - *Likes to do things for himself.
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AGE: ABOUT 5 YEARS

Motor Skills

- *Able to dress and undress self with little assistance. V *Throws a ball over head.
- *Rides a tricycle with great skill. May be interested in a two-wheeled bike.
- *Feeds self, using a fork, spoon and maybe a table knife.
- *Jumps over low objects.
- *Hand dominance is established.
- *Hops, somersaults, swings, and climbs.
- *Draws a person and includes the body.
- *Prints some letters.
- *Copies shapes and patterns.

Cognitive Skills

- *Knows all of the basic colors.
- *Able to memorize his address and phone number.
- *Counts up to 10 objects.
- *Interested in cause and effect.
- *Tells longer stories.
- *Understands that stories have a beginning, middle, and ending.
- *Enjoys riddles and jokes.
- *Better understands the concept of time.
- *Enjoys collecting things.
- *More sensitive to the needs of others. Notices when someone else is happy or sad.

Social Skills and Language

- *Speaks in sentences of more than 5 words.
- *Invents games with simple rules.
- *Organizes objects for pretend play.
- *Uses swear words or "bathroom talk" to elicit your response.
- *Likes to make own decisions but can become bossy in doing so.
- *Wants to be like and please his friends.
- *Likes to sing, dance and act.
- *Shows more independence and may enjoy a play date without a parent.