



DEVELOPMENTAL STAGES FROM 2 to 3 YEARS OLD

AGE: ABOUT 2 YEARS

Motor Skills

- *Feeds self with a spoon.
- *Able to drink from a straw.
- *Walks up stairs with help.
- *Opens cabinets and drawers.
- *Bends over to pick things up without falling.
- *Builds a tower of 3-4 blocks.
- *Can roll and kick a large ball.
- *Begins to run.
- *May show a preference for one hand over the other.
- *Scribbles spontaneously.

Cognitive Skills

- *Begins make believe play.
- *Enjoys taking things apart.
- *Wants to explore her surroundings.
- *Can and will follow directions.
- *Can point to 5-6 different body parts when asked.
- *Enjoys looking at the same books over and over again.
- *May express interest in potty training.

Social Skills and Language

- *Has a vocabulary that includes several hundred words.
- *Begins to use 2-3 word sentences.
- *Learning to take turns with other children but generally plays along side, rather than with other children.
- *Gets angry and may have temper tantrums.
- *Possessive of his toys.
- *Refers to self either by name or by using "me" or "mine".
- *Acts shy around strangers.
- *Likes to imitate parents or caregiver.

AGE: ABOUT 3 YEARS

Motor Skills

- *Climbs well.
- *Walks up and down stairs, alternating feet.
- *Runs with ease.
- *Pedals a tricycle.
- *Kicks a ball.
- *Feeds self.
- *Opens doors.
- *Washes and dries hands by self.
- *Makes vertical, horizontal, and circular strokes with a pencil or crayon.
- *Screws and unscrews lids, jars, nuts and bolts.
- *Turns a page in a book one at a time.

Cognitive Skills

- *Attention span increases to about 3 minutes.
- *Can remember what happened yesterday.
- *Understands "now", "soon", and "later."
- *Knows some numbers, but not necessarily in correct order.
- *Completes puzzles with three or four pieces.
- *Sorts objects by shape and color.
- *Matches an object to a picture of that object.
- *Laughs at silly ideas.
- *Understands the concept of "one" and "two".
- *Matches circles and squares.
- *Understands physical relationships (on, under, over, in, out).

Social Skills and Language

- *Uses three-five word sentences.
- *Asks questions.
- *Plays spontaneously with other children in a small group.
- *Recognizes and understands most common objects and pictures.
- *Repeats simple rhymes.
- *Asks to use the toilet most times.
- *Enjoys being read to.
- *Imitates housework or other chores.
- *Assigns roles in pretend play (mommy, daddy).
- *Uses pronouns (I, you, me, we, and they) and some plurals.
- *Knows her first and last name.
- *Knows whether he is a boy or girl.